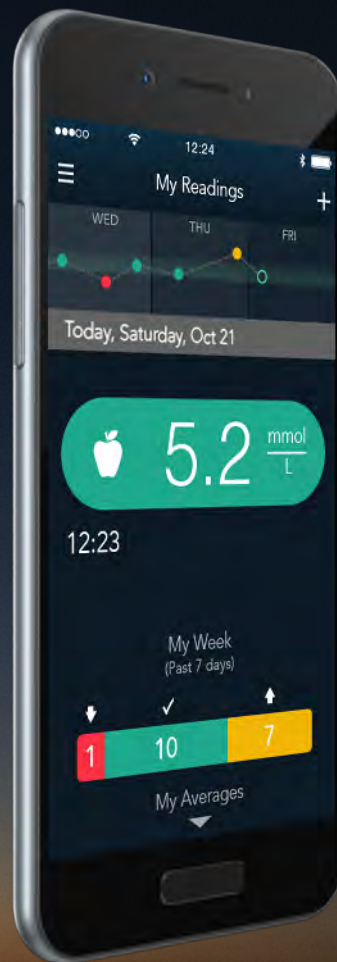


The logo for Contour Plus ONE Blood Glucose Monitoring System. The word 'Contour' is in white, 'plus' is in white, and 'ONE' is in a bold, teal color with a double quote symbol. Below it, 'Blood Glucose Monitoring System' is written in a smaller white font.

Contour[®] plus ONE[»]

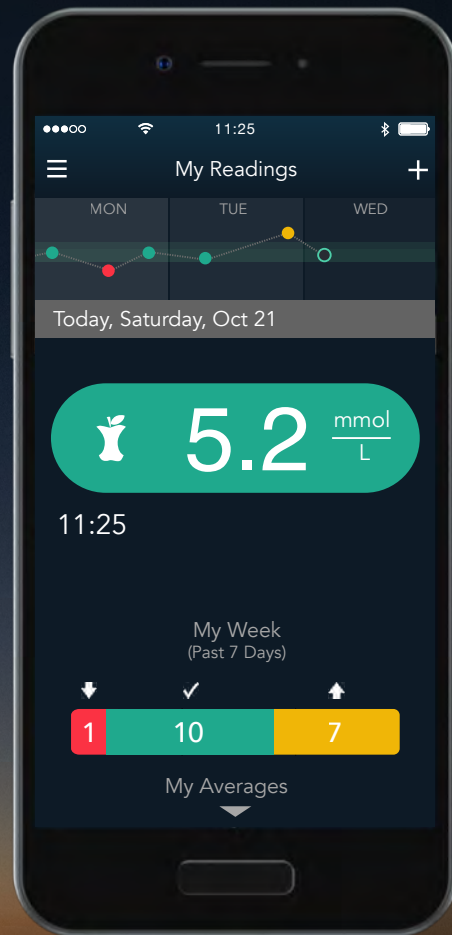
Blood Glucose
Monitoring System

Pairing your
CONTOUR®PLUS ONE
smart meter with the
CONTOUR™DIABETES app



Contour
plus **ONE**
Blood Glucose
Monitoring System

Pair your **CONTOUR PLUS ONE** meter and it will sync with the **CONTOUR DIABETES app** whenever a Bluetooth connection is available.



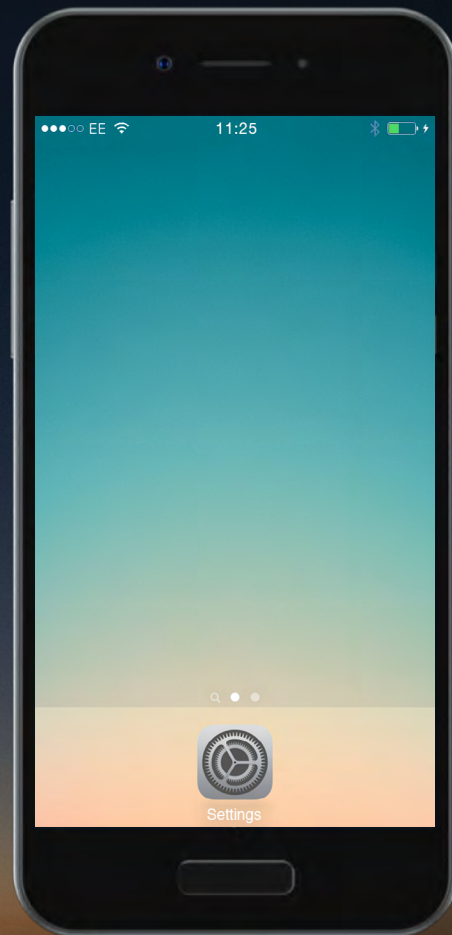
Contour[®]
plus **ONE**
Blood Glucose
Monitoring System

1.

Pairing your meter

Before you pair your **CONTOUR PLUS ONE** meter, turn on Bluetooth in your mobile device.

Go to 'Settings' and then 'Bluetooth' and tap the 'toggle button' to turn on Bluetooth.



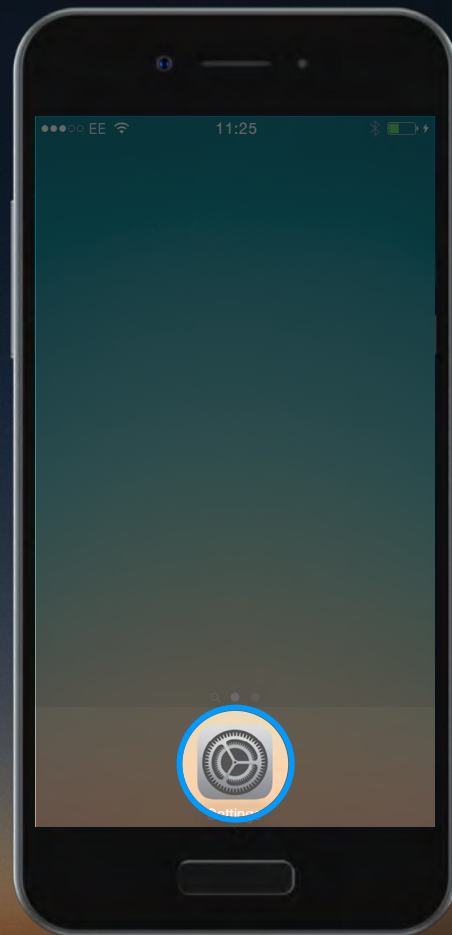
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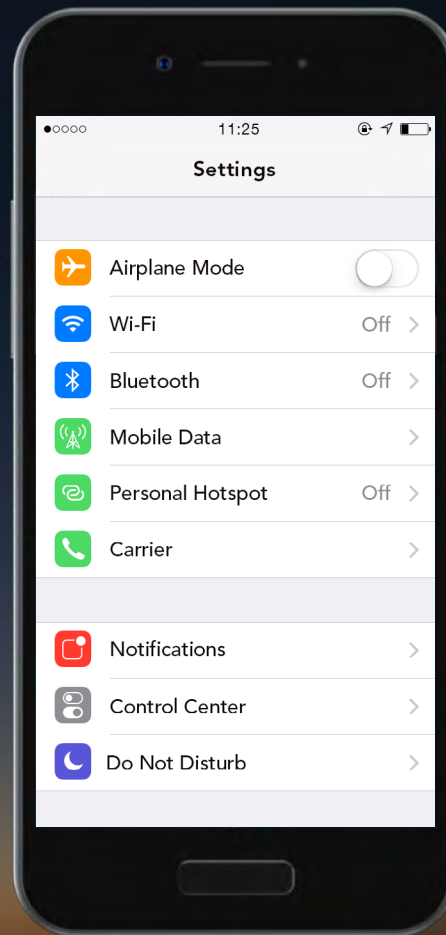
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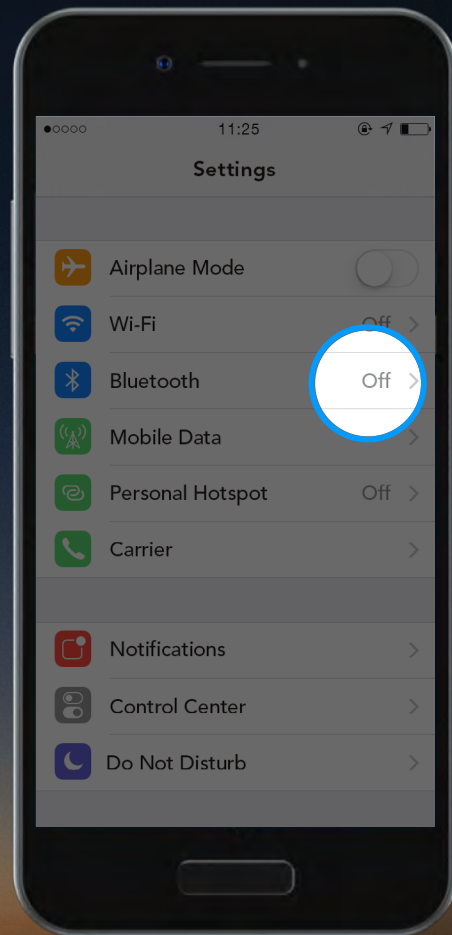
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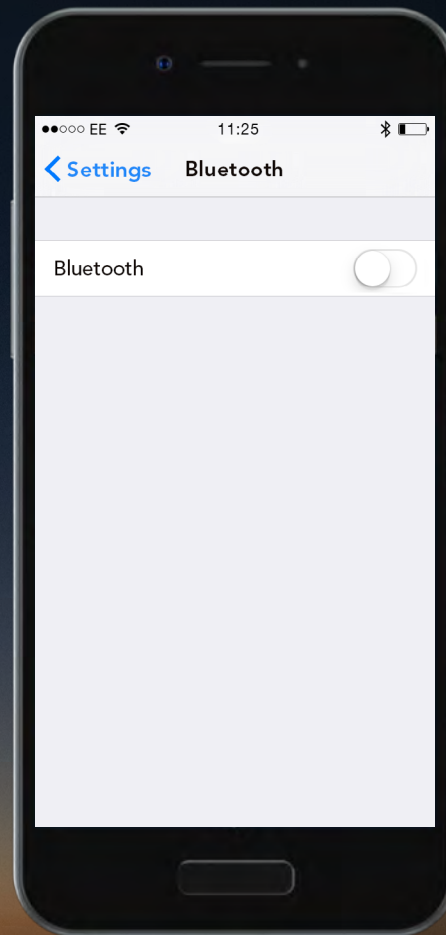
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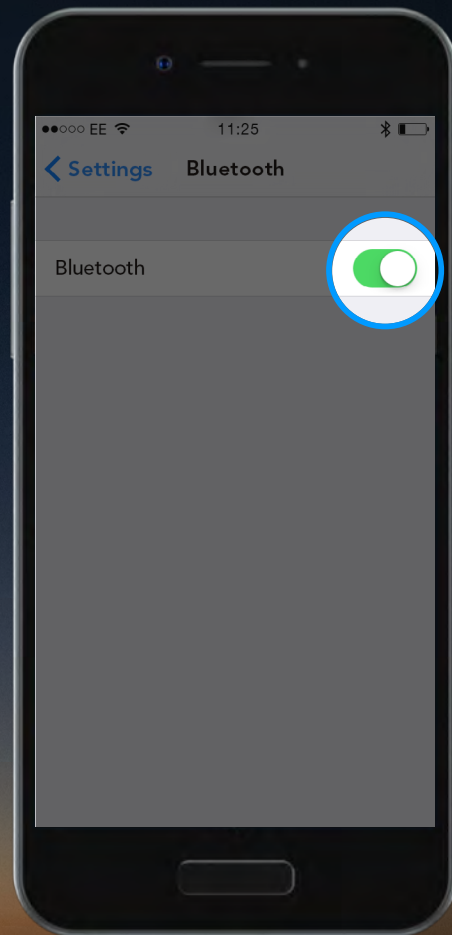
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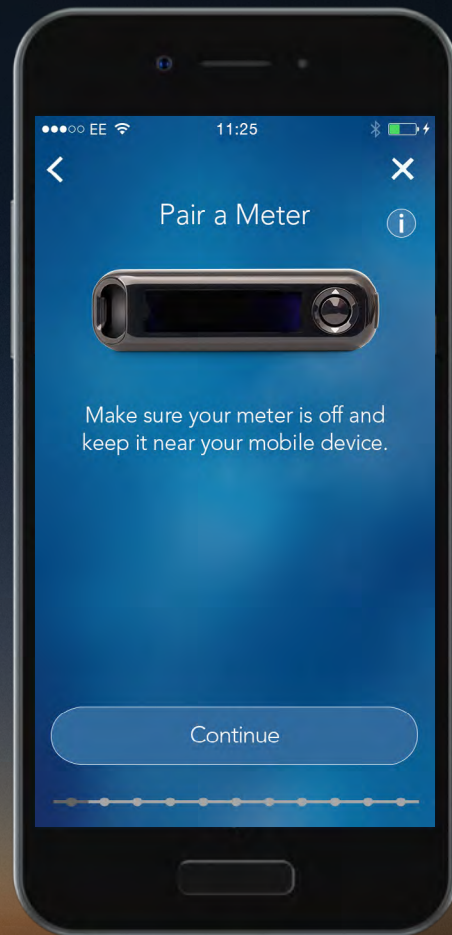
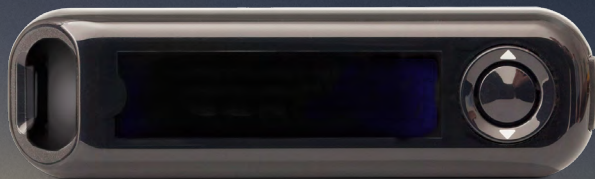
Contour[®]
plus **ONE**
Blood Glucose
Monitoring System

2.

Pairing Your Meter

In the **CONTOUR DIABETES** app, after you have set up an account you will be asked to pair a meter.

You are now ready to pair your meter. Turn off your meter and keep it near your mobile device.



Contour[®]
plus **ONE**
Blood Glucose
Monitoring System

2.

Pairing Your Meter

Select 'Continue'.

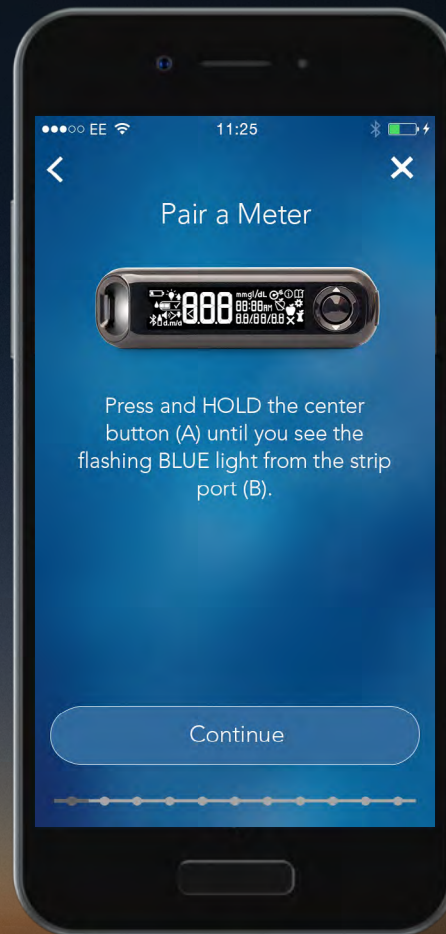


Contour[®]
plus **ONE**
Blood Glucose
Monitoring System

3.

Pairing Your Meter

Press and hold the center button on your **CONTOUR PLUS ONE** meter and do not release until you see the flashing blue light from the Test strip port.

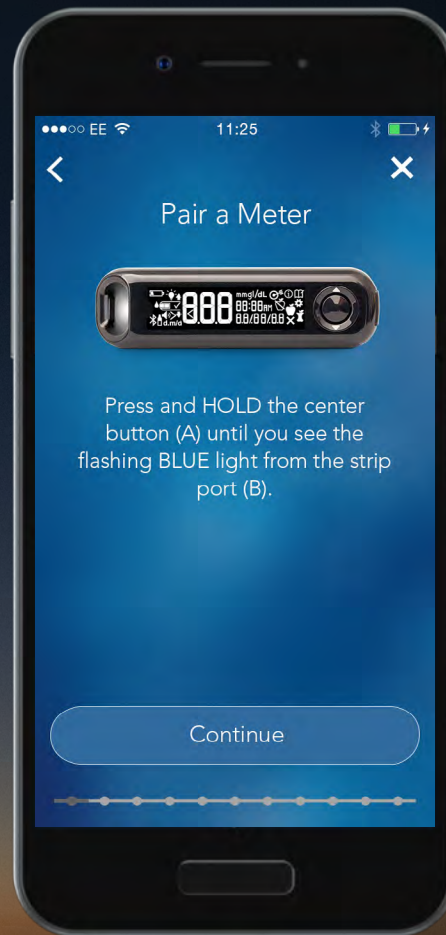
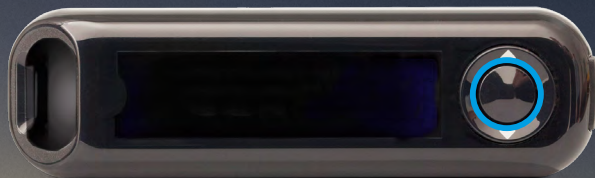


Contour[®]
plus **ONE**
Blood Glucose
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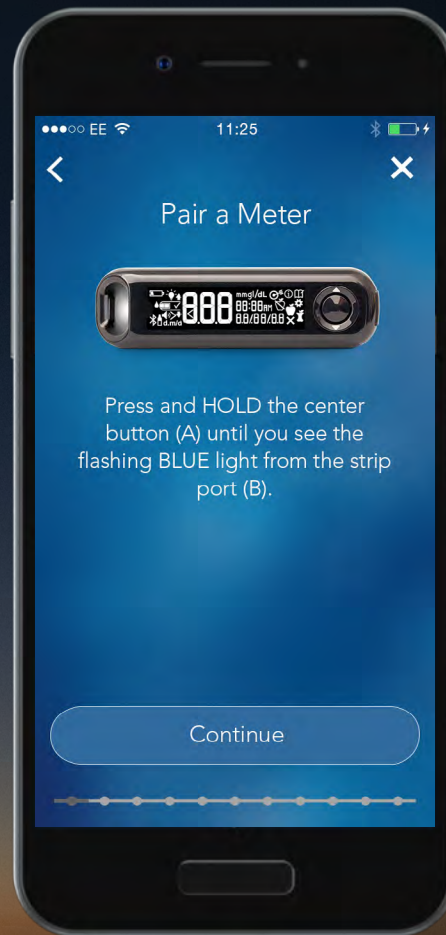


Contour[®]
plus **ONE**
Blood Glucose
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Contour[®]
plus **ONE**
Blood Glucose
Monitoring System

3.

Pairing Your Meter

Select 'Continue'.



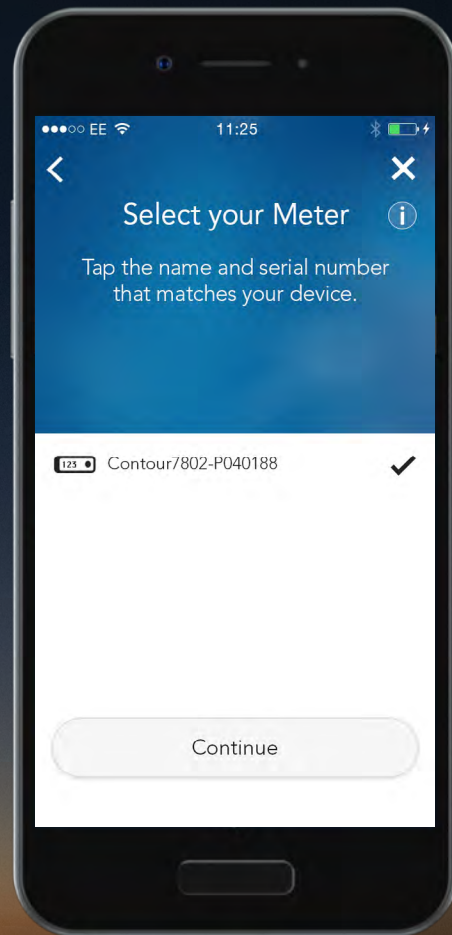
Contour[®]
plus **ONE**
Blood Glucose
Monitoring System

4.

Pairing Your Meter

Select your meter's serial number.

You can find the serial number on the label on the back of your meter.

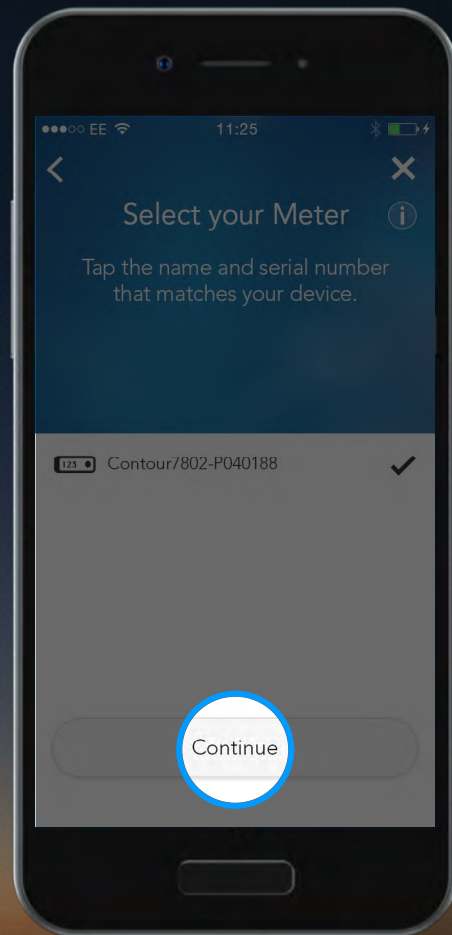


Contour[®]
plus **ONE**
Blood Glucose
Monitoring System

4.

Pairing Your Meter

Select 'Continue'.

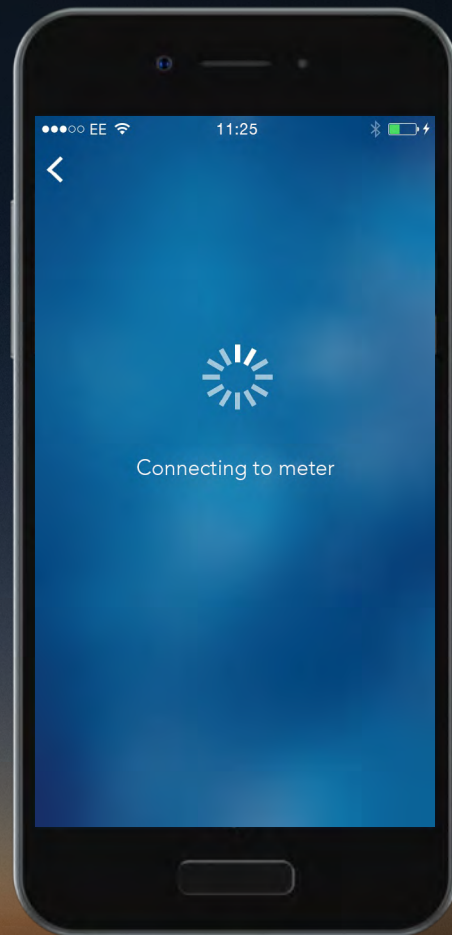
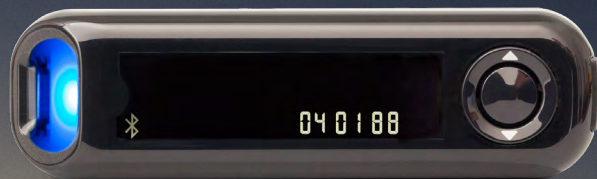


Contour[®]
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Blood Glucose
Monitoring System

5.

Pairing Your Meter

The **CONTOUR DIABETES** app will now connect to the meter.

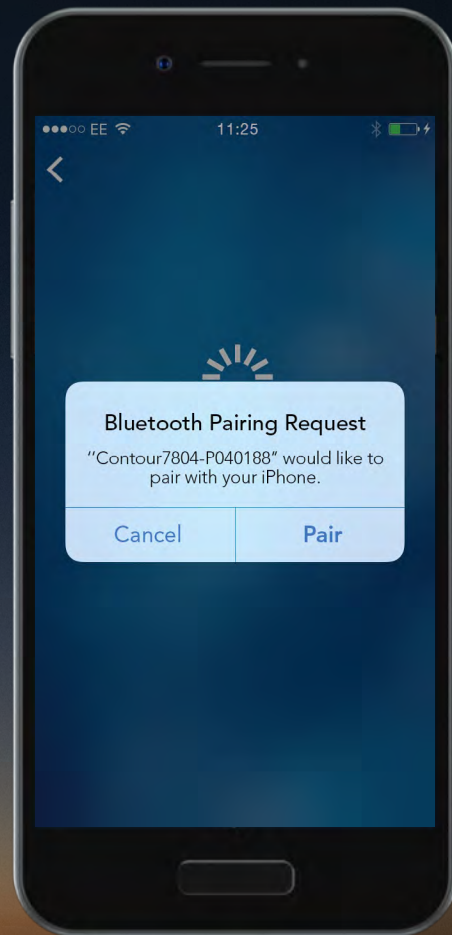


Contour[®]
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Blood Glucose
Monitoring System

6.

Pairing Your Meter

Bluetooth Pairing Request message will be displayed on the screen.

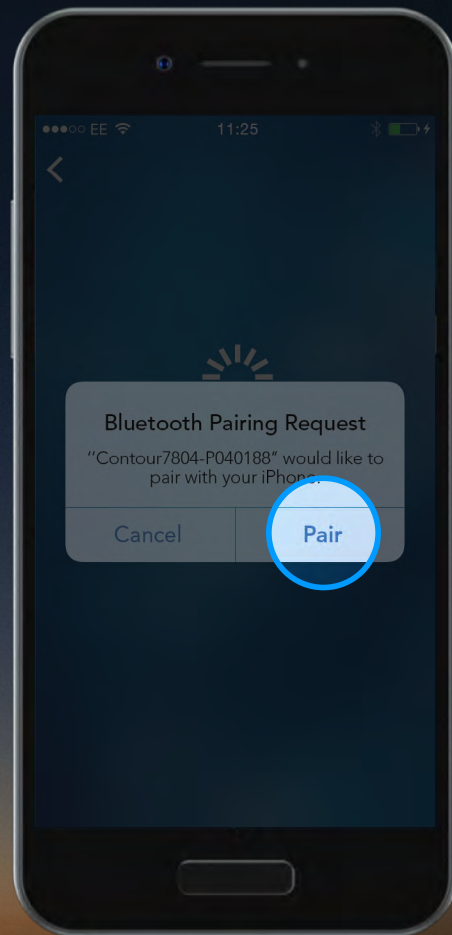


**Contour[®]
plus ONE[»]**
Blood Glucose
Monitoring System

6.

Pairing Your Meter

Select 'Pair' to confirm the pairing request.

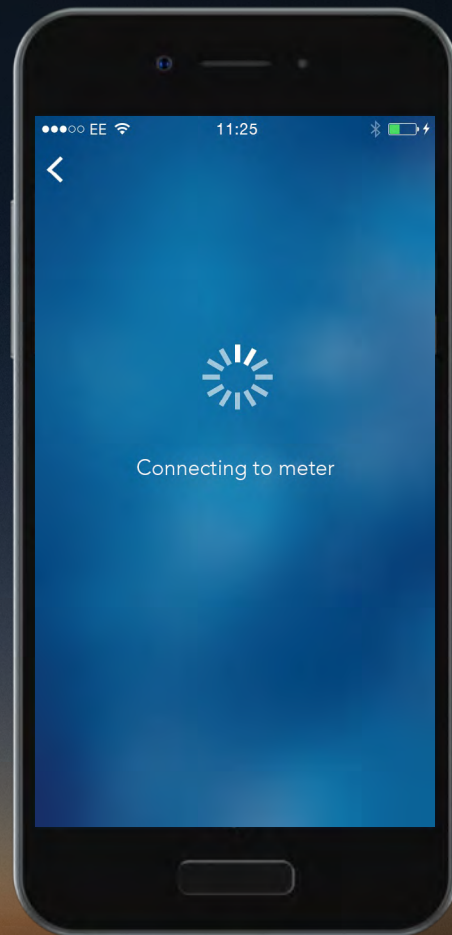


Contour[®]
plus **ONE**_»
Blood Glucose
Monitoring System

6.

Pairing Your Meter

Select 'Pair' to confirm the pairing request.



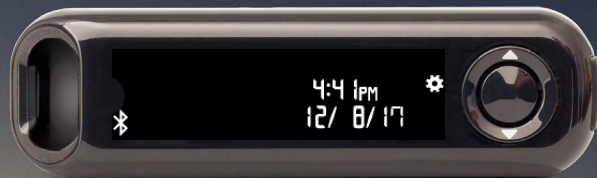
Contour[®]
plus **ONE**
Blood Glucose
Monitoring System

7.

Pairing Your Meter

Once your meter is paired select 'Continue'.

You are now ready to set up your
CONTOUR DIABETES app.



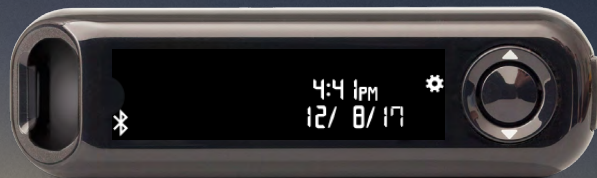
**Contour[®]
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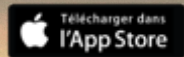
Talk to your Healthcare Professional and refer to the product user guide if you have questions about the **CONTOUR®PLUS ONE** smart meter and the **CONTOUR™DIABETES app**.

For more information, and to find out whether the **CONTOUR®PLUS ONE** meter is available in your country, visit www.contourplusone.hk



Always consult with your healthcare provider prior to making changes to treatment, diet or exercise.

Get the app



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